



International Va'a Federation

ANTI-DOPING CONTROL REGULATION



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INTRODUCTION

The International Va'a Federation (IVF) prohibits drug abuse in Va'a racing. The IVF anti-doping regulations were adopted to protect Paddler's fundamental right to participate in doping-free competition, and thus promote health, fairness and equality. IVF events are held in compliance with the World Anti-Doping Agency (WADA) code. In keeping with the code, paddlers are forbidden to use any of the prohibited substances or prohibited methods referred to in the WADA code.

Paddlers are responsible for knowing what constitutes an anti-doping rule violation and the substances and methods which have been included on the WADA prohibited list. Every paddler who participates in an IVF sanctioned event is required to complete the IVF Anti-Doping Declaration Form. Additionally, it is each paddler's personal duty to ensure no prohibited substances enters his or her body. Paddlers are responsible for any prohibited substances or its metabolise or markers found to be present in their test samples. However, it is not necessary that intent, fault, negligence or knowing use on the Paddler's part be demonstrated in order to establish an anti-doping violation.

REGULATION 1: PRINCIPLES

1.01 THE FOLOWING CATEGORIES OF CONDUCT ARE PROHIBITED:

1.01.1 The presence of a prohibitive substance or its metabolites or markers in a Paddler's test sample or methods appearing on the list of prohibited agents and methods as published by WADA is forbidden. Unless otherwise stipulated in the list, none of the drugs belonging to a forbidden category may be used. The use of a prohibited drug shall constitute an infringement of these regulations regardless of the method of administration and the intent of the user.

1.01.2

The use of substances that might influence the result of an analysis is also prohibited, and shall be deemed to be drug abuse.

1.01.3

The assisting inciting of others to use prohibited drugs is an infringement of these regulations.

1.02.

Should a drug test be conducted at any event it shall be governed by these regulations.

1.03.

The cost of administering the drug test shall be borne by the IVF and such costs shall be shared 50/50 with the host nation. This shall not include expenses incurred by a paddler or nominated representative in attending the testing of sample 'B'.

1.04.

To the extent of any conflict between the provisions of these regulations for drug control and any other statutes of the IVF these regulations for drug control shall prevail.



REGULATION 2: ANTI-DOPING CONTROL

2.01

The IVF will decide on the methods of selection of paddlers for drug testing. The IVF may require any in-competition paddler to submit to one or more drug tests.

2.02

Failure to submit to a drug test, at the place and time required, shall be an offence under these regulations and the paddler will be deemed to have recorded a positive result from a drug test.

2.03

The IVF in conjunction with a WADA affiliated agency, shall be responsible for the organisation of the drug tests. The IVF and WADA affiliated agency, shall ensure that all personnel, all necessary facilities and all equipment required are present so that the tests may proceed in accordance with these regulations.

2.04

All doping control shall be under the supervision of the IVF Medical Committee which shall be established by the IVF. The IVF Medical Committee shall include:

- i) Qualified registered medical practitioners.
- ii) An experienced and if necessary qualified sports administrator being a board member of the IVF.

2.05

The IVF in conjunction with a WADA affiliated agency shall ensure that facilities for testing are:

- i) secure from intruders and;
- ii) clearly marked with posted signs.

2.06

The following provisions shall apply in respect of the giving of notice of a drug test:

- i) The paddler selected for testing will be informed of their selection via a hand delivered notification. The notification shall specify the date and time of notice. The notice shall specify the penalties for failure to comply. The paddler shall acknowledge receipt on the relevant section of the notice.
- ii) The notice of a test shall be handed to the paddler as soon as possible after the completion of the event. The service of this notice shall be carried out as discreetly as possible. The time of reporting for the drug test shall be not more than 60 minutes **following** the completion of the event. The paddler shall submit to supervision by an official from the completion of the event to the time of the test.



2.07 Upon selection for drug testing, the paddler must declare, in writing, any recent blood transfusions as well as any medications and other substances including vitamins, minerals, herbs and other dietary supplements.

2.08 If a TUE has been approved for the current competition, the paddler must declare the substance or medication being used when filling out the doping control form and specify that a TUE has been granted.

2.09

In addition to the paddler and any accompanying team official, only the following persons may be present in the control station:

- i) a designated member of the IVF Medical Committee;
- ii) WADA affiliate officials taking the samples (Testing Official);
- iii) an interpreter (when required);
- iv) a gender appropriate chaperone.

2.10

The procedure for the collection of test samples shall be as described below.

2.10.1

The paddler shall provide at the time of testing, under the personal supervision of the Testing Official(s), a minimum of 80mls of urine which shall be divided into two approximately equal samples. Both samples shall be coded so as to be easily distinguishable from other samples and between themselves. One sample shall be clearly labelled as being for the reserve test (i.e. sample 'B')

2.10.2

Only one paddler shall be present in the examination room when urine is collected. The Testing Official(s) shall also be present for the duration of the procedure.

2.10.3

The paddler must:

- i) select the containers for the samples from the containers available;
- ii) personally verify the sealing and identification of the containers.

2.10.4

The written confirmation of the paddler and the member of the IVF Medical Committee and/or the WADA affiliated agency representative shall be obtained to the effect that the prescribed guidelines have been substantially carried out. A copy of the confirmation shall be handed to the paddler. Any variation from such procedures shall be endorsed on such confirmation.

2.10.5

The paddler shall be handed, upon completing the test, a receipt with the details of the container coding, date and time taken, and examining officer endorsed thereon. This



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receipt may be incorporated in the written confirmation referred to in 2.10.4 above. The WADA affiliated agency, on behalf of the IVF Medical Committee, will restrict access to samples at the Doping Control Center during transportation and in the Laboratory.

2.11

The sample shall be forwarded to a laboratory accredited by WADA affiliated agency for analysis forthwith.

2.12

If the result of sample 'A' is indicative of a prohibited substance the IVF shall promptly notify both the paddler and the paddler's governing body accordingly in writing. The paddler must notify the IVF within two working days as to whether or not the paddler or the paddler's representative will attend the analysis of sample 'B'. Upon receipt of this notification sample 'B' shall be held at the laboratory which carried out sample 'A' analysis and shall be arranged as soon as practicable and the time promptly notified to the paddler in writing. The cost of arranging the attendance of the paddler or the paddler's representative shall be met by the paddler.

When the result of sample 'B' is received the IVF shall promptly notify the paddler in writing as set out in 2.15 below and also notify the paddlers governing body. The IVF will revise any race results accordingly.

2.14

The IVF shall take all reasonable steps to ensure that all details concerning the testing are kept confidential unless the paddler is found guilty of drug abuse and advised accordingly under these regulations.

2.15

In respect of an alleged infringement of regulations 1.01.2 and 1.01.3, which fall within the scope of Regulation 1.10.1, the IVF shall notify the paddler concerned of details of the alleged infringement. The IVF shall conduct a hearing to determine whether an infringement has been committed. The hearing shall be conducted in accordance with Regulation 4. Until the IVF has rendered its decision it may suspend the paddler concerned.

2.16

The WADA list of prohibitive and restrictive substances and prohibited methods will be used by the IVF.

Therapeutic Use Exemptions

The IVF has insured that there is a process in place for any paddler who chooses to enter an IVF sanctioned competition, whereby, paddlers with documented medical conditions requiring the use of a prohibited substance or a prohibited method may request a therapeutic use exception.

Such requests shall be evaluated in accordance with the International Standard for Therapeutic Use Exemptions (TUE).

The criteria granting a therapeutic use exemption are:

- i. The athlete would experience significant health problems without taking the prohibited substance or method,



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- ii. The therapeutic use of the substance would not produce significant enhancement of performance, and
- iii. There is no reasonable therapeutic alternative to the use of the otherwise prohibited substance or method.

The Therapeutic Use Exemption Committee (TUEC) shall consist of a chairperson who is a member of the IVF Medical Committee, a licensed medical physician, a licensed pharmacologist, and when necessary the appropriate medical specialist.

The IVF's Medical Committee's TUEC is responsible for granting or declining all TUE applications. Applications must be received, via email, by the TUEC no later than 70 days prior to the first day of competition.

IVF, in conjunction with the WADA, recognises two categories of Therapeutic Use Exemptions (TUE):
a) Abbreviated TUE and b) the Standard TUE.

The Abbreviated TUE

The Abbreviated TUE is used only when requesting authorization for the use of one or more of the following:

- Glucocorticosteroids by non-systemic routes (applied locally);
- beta-2 agonists (formoterol, salbutamol, salmeterol and terbutaline) by inhalation, for the treatment of asthma;
- Insulin, for the treatment of diabetes.

Approval for the use of the before mentioned restricted substances is granted automatically upon receipt of the completed TUE application. A review by the TUEC may be initiated at any time during the duration of the TUE.

Standard TUE

The Standard TUE is used for any treatment involving a substance or method on the Prohibited List that is not admissible for an abbreviated TUE.

The Standard TUE will be reviewed by the IVF Medical Committee's TUEC.

If approved, paddler can begin treatment only after receiving the authorization notice from the IVF (except in rare cases of an acute life threatening condition for which a retroactive approval may be considered).

TUEs are granted for a specific medication with a defined dosage. They are also granted for a specific period of time and do expire. The paddler needs to comply with all the treatment conditions outlined in the TUE application. Once a TUE has been approved by the IVF's Medical Committee's TUEC the WADA will be informed of the action.

If a paddler granted a TUE is randomly selected for testing and the approved prohibited substance is detected during the analysis the TUEC will verify that the TUE is still in effect and that the results of the analysis are consistent with the TUE granted (nature of substance, route of administration, dose, time frame of administration, etc.). If the review proves satisfactory, the result of the test will be recorded as negative.



REGULATION 3: PENALTIES

3.01

Where a paddler has infringed Regulation 1.01.1 the paddler shall be automatically disqualified from any competition under the IVF provisions, such disqualification to take effect (subject to Regulation 3.02) from and inclusive of the date that the sample was procured from the paddler and to continue until such time as the IVF reinstates the paddler.

The IVF shall determine the period of disqualification shall be:

- a) 1st offence (minor): 1 year
- b) 2nd offence (minor) 18 months
- c) 3rd offence (major) 3 years

3.02

If the result of sample 'A' is positive, the paddler shall be suspended from competition provided that the IVF shall first give the paddler the opportunity to be heard. Where a paddler's test is positive in sample 'A' the paddler's governing body will be informed.

3.03

Where a paddler has infringed Regulation 1.01.1 at any competition event the disqualification shall take effect from the commencement of such event. For the purposes of this regulation a 'competition event' includes a competition or competitions held over more than one day and / or consisting of more than one individual event.

3.04

Where a paddler has infringed either of regulations 1.01.2 or 1.01.3 of these regulations, that paddler shall be liable to disqualification in the same manner as if the paddler had infringed regulation 1.01.1 with the disqualification to take effect from the date the IVF Medical Committee determines the infringement to have taken place.

The IVF shall notify its decision concerning the infringement to the paddler and the paddler's governing body.



REGULATION 4: Disciplinary Tribunal

4.01

Upon notification to IVF from the accredited WADA lab or WADA directly of a positive test, a Tribunal will be established to review the results and the circumstances surrounding the paddler's test.

The Tribunal shall be created by the IVF Medical Committee and consist of at least three members with the following backgrounds:

- a) a member of the IVF Medical Committee
- b) An medical practitioner with experience in paddling and/or sports Medicine and having a full knowledge of the classes of pharmacological agents,
- c) Va'a Association administrator or someone familiar with Va'a racing
- d) Other individual the Medical Committee deems a benefit to the proceedings

The Tribunal may retain legal counsel for review of all relevant documents related to the actions of the Tribunal.

4.02

The Tribunal has the power to hear and determine all matters arising from any matter which is referred to it by the IVF Medical Committee in accordance with these regulations. In particular, it has the power to impose the penalties provided for in these regulations.

4.03

No proceedings heard by the Disciplinary Tribunal shall be held invalid by reason only of any defect, irregularity, omission or other technicality provided there has been no miscarriage of justice.

4.04

Subject to these Regulations, a paddler who receives notice from the IVF Medical Committee in relation to a positive drug test result shall appear before the Disciplinary Tribunal at a venue, date and time as determined by the Tribunal. The paddler may waive their right to appear. Interpreters may be present at Tribunal hearings where the Tribunal considers it necessary or desirable.

4.05

For the purposes of the Regulations, all of the paddler's costs associated with any proceedings before the Tribunal shall be borne by the paddler.

4.06

Autonomy of the Tribunal constituted under these Regulations shall exercise its functions independently of both the IVF and its Area Governing Bodies. The Tribunal shall be fully autonomous, and any decision it makes shall be binding on the IVF and its Area Governing Bodies, none of whom shall have the power to affirm, revoke or alter any decision.

4.07

At the conclusion of the hearing by the Tribunal, a written report shall be prepared and forwarded to the Chairman of the IVF Medical Committee detailing comprehensively the relevant circumstances to the case, the outcome of the hearings and any penalties imposed by the Tribunal and making any recommendations it deems appropriate.



4.08

SIX WEEKS shall be the maximum duration in which any hearing and final outcome shall be completed. The period shall commence from the time the paddler is informed of a positive result.

REGULATION 5: Disciplinary Appeal Tribunal

5.01

Provision is made for a Disciplinary Appeal Tribunal to be established as and when an appeal of a decision of the Disciplinary Tribunal is required to be heard.

5.02

This Tribunal shall consist of three new members as defined in Regulation 4(4.0.1) Disciplinary Tribunal. The Disciplinary Appeal Tribunal shall have the power to hear and determine appeals from any decision of the Disciplinary Tribunal.

5.03

Where any question of fact arises on an appeal before the Appeal Tribunal, it shall be determined by reference to the recording of proceedings before the Disciplinary Tribunal. The Disciplinary Appeal Tribunal may rehear in whole or any part of the evidence given before the Disciplinary Tribunal as it considers appropriate.

5.04

The Appeal Tribunal shall have the full discretionary power to hear and receive such further evidence on an appeal as it thinks fit provided it is established that such evidence was not, on reasonable inquiry, available at the time of the original hearing. The Appeal Tribunal shall be entitled to receive such evidence as it thinks fit notwithstanding that the evidence may not be legally admissible in a court of competent jurisdiction.

5.05

In exercising its jurisdiction the Disciplinary Appeal Tribunal shall have the power to overturn, suspend, vary the penalty imposed, subject to the mandatory nature of any penalties provided for in Regulation 3.

5.06

No proceedings heard by the Disciplinary Appeal Tribunal shall be held invalid by reason only of any defect, irregularity, omission or other technicality provided there has been no miscarriage of justice.

5.07

The venue for such a rehearing shall be determined by the Disciplinary Appeal Tribunal which shall state the venue, date and time in which the rehearing will take place. Interpreters may be present at Appeal Tribunal hearings where the Appeal Tribunal considers it necessary or desirable.

5.08



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All of the paddler's costs associated with any proceedings before the Disciplinary Appeals Tribunal shall be borne by the paddler.

5.09

The Disciplinary Appeal tribunal shall exercise its function independently of the IVF and its Area Governing Bodies and shall be fully autonomous and in particular any decision it makes shall be binding on the IVF and its Area Governing Bodies none of whom shall have the power to affirm, revoke or alter any decision.

REGULATION 6: Host Country Responsibilities

There shall be a host medical committee for any IVF sanctioned event as arranged between the IVF Medical Committee and the host organizing committee.

The responsibilities of the host include:

- i. Making arrangements for doping control with regional WADA affiliated Anti-doping Program,
- ii. Establishing and maintaining a staffed medical care facility for the paddlers and their officials throughout the event,
- iii. Maintaining medical confidentiality,
- iv. Understanding and complying with the site obligations for Anti-Doping Control,
- v. Providing security for the anti-doping test area,
- vi. Producing a report for the IVF Medical Committee providing a full accounting of the services rendered during the event, as well as any recommendations to improve future events.



Appendix A

International Va'a Federation

Medical Committee

Anti-Doping Declaration Form for Paddlers

Objective:

To achieve a drug-free sport in paddling at all levels of competition by the International Va'a Federation (IVF) and its members.

Declaration :

I _____ of _____
(full name) (club)

ID number _____

Declare that I am not taking any drugs or using any method described in the International Va'a Federation Anti-Doping Control Regulations current and the World Anti-doping Agency code current.

Signature _____ Date _____

Witness _____ Date _____

Notes :

- 1) This form shall be completed at registration by ALL PADDLERS when the waiver form is completed as well. This form shall be forwarded to the IVF Medical Committee by the Area Coordinator.
- 2) Paddlers who are on medications including those for asthma, insulin or receive corticosteroid injection(s) are required to complete the International Va'a Federation Therapeutic Use Exemption Application Form, signed by their family doctor or specialist.

Medical Committee
International Va'a Federation



Appendix B

Therapeutic Use Exemption Application Form



International Va'va Federation
THERAPEUTIC USE EXEMPTIONS (TUE)

Please complete all sections in capital letters or typing

1. Athlete Information

Surname: _____ Given Names: _____

Female Male Date of Birth (dd/mm/yyyy) _____

Address: _____

City: _____ Country: _____ Postcode: _____

Tel.: _____ E-mail: _____

(with international code)

Sport: _____ Discipline/Position: _____

International or National Sport Organization: _____

Please mark the appropriate box:

- I am part of an International Federation Registered Testing Pool
- I am part of a National Anti-Doping Organization Testing Pool
- I am participating in an International Federation event for which a TUE granted pursuant to the International Federation's rules is required- Name of the competition: _____
- None of the above

If athlete with disability, indicate disability: _____



Therapeutic Use Exemption Application Form

2. Medical information

Diagnosis with sufficient medical information:

If a permitted medication can be used to treat the medical condition, provide clinical justification for the requested use of the prohibited medication

3. Medication details

Prohibited substance(s): <u>Generic name</u>	Dose	Route	Frequency
1.			
2.			
3.			

Intended duration of treatment: Once only Emergency
(Please tick appropriate box)

Or duration (week/month) _____

Have you submitted any previous TUE application: Yes No
For which substance?

To whom? _____ When? _____

Decision: Approved Not approved



Therapeutic Use Exemption Application Form

4. Medical practitioner's declaration

I certify that the above-mentioned treatment is medically appropriate and that the use of alternative medication not on the prohibited list would be unsatisfactory for this condition.

Name: _____

Medical specialty: _____

Address: _____

Tel.: _____

Fax: _____

E-mail: _____

Signature of Medical Practitioner: _____

Date: _____

5. Athlete's declaration

I, _____, certify that the information under 1. is accurate and that I am requesting approval to use a Substance or Method from the WADA Prohibited List. I authorize the release of personal medical information to the Anti-Doping Organization (ADO) as well as to WADA authorized staff, to the WADA TUEC (Therapeutic Use Exemption Committee) and to other ADO TUECs and authorized staff that may have a right to this information under the provisions of the Code.

I understand that my information will only be used for evaluating my TUE request and in the context of possible anti-doping violation investigations and procedures. I understand that if I ever wish to (1) obtain more information about the use of my information; (2) exercise my right of access and correction or (3) revoke the right of these organizations to obtain my health information, I must notify my medical practitioner and my ADO in writing of that fact. I understand and agree that it may be necessary for TUE-related information submitted prior to revoking my consent to be retained for the sole purpose of establishing a possible anti-doping rule violation, where this is required by the Code.

I understand that if I believe that my personal information is not used in conformity with this consent and the International Standard for the Protection of Privacy and Personal Information I can file a complaint to WADA or CAS.

Athlete's signature: _____ Date: _____

Parent's/Guardian's signature: _____ Date: _____

(if the athlete is a minor or has a disability preventing him/her to sign this form, a parent or guardian shall sign together with or on behalf of the athlete)



Therapeutic Use Exemption Application Form

6. Note: **Note 1**

Diagnosis

Evidence confirming the diagnosis shall be attached and forwarded with this application. The medical evidence should include a comprehensive medical history and the results of all relevant examinations, laboratory investigations and imaging studies. Copies of the original reports or letters should be included when possible. Evidence should be as objective as possible in the clinical circumstances and in the case of non-demonstrable conditions independent supporting medical opinion will assist this application.

Incomplete Applications will be returned and will need to be resubmitted.

Please submit the completed form to the IVF Medical Committee at vaa.medical@gmail.com and keep a copy for your records.



Appendix C

International Standard for Therapeutic Use Exemptions

"The right to care for athletes"

[Standard Application template](#)

[Simplified Application template](#)

[Exemption Approval template](#)

Q. What is a therapeutic use exemption (TUE)?

A. Athletes, like all others, may have illnesses or conditions that require them to take particular medications. If the substances they are required to take to treat it happen to fall under the Prohibited List, a therapeutic use exemption may give an athlete the authorization to take the needed medicine.

Q. What are the criteria for granting a therapeutic use exemption?

A. The criteria are:

- The athlete would experience significant health problems without taking the prohibited substance or method,
- The therapeutic use of the substance would not produce significant enhancement of performance, and
- There is no reasonable therapeutic alternative to the use of the otherwise prohibited substance or method.

Q. Who grants therapeutic use exemptions?

A. Under the World Anti-Doping Code, WADA has issued an International Standard for the granting of TUEs. The standard states that all International Federations and National Anti-Doping Organizations must have a process in place whereby athletes with documented medical conditions can request a TUE, and have such request appropriately dealt with by a panel of independent physicians called a Therapeutic Use Exemption Committee (TUEC). International Federations and National Anti-Doping Organizations through their TUECs are then responsible for granting or declining such applications.

Q. Where should I submit a therapeutic use exemption?

A. If you are international level athlete or if you are entered in an international event, you submit it to your International Federation, which is responsible for accepting applications and granting TUEs. For other athletes who are members of a country's national registered testing pool, you submit it to your National Anti-Doping Organization. Athletes shall not apply for a TUE to more than one organization. Athletes must send their application to the authority which applies to their status as an athlete, using the criteria mentioned above. Athletes must not send their application to WADA.

Special Protocols for TUE Applications may be in Effect during Major Events

If you are entered in a Major Event, you are advised to inquire of your International Federation or National Anti-Doping Organization whether there is any variation in the TUE submission protocol for the Event. Major Events include those organized by international multi-sport organizations that function as the ruling body for any continental, regional or other international event (e.g. IOC, IPC, FISU, etc.)

Q. What is WADA's role regarding therapeutic use exemptions?

A. WADA's role in the TUE process is two-pronged: the Agency, through its TUEC, has the right to monitor and review any TUE granted by a federation or anti-doping organization and, pursuant to such review, to reverse any decision. In addition, athletes who requested a TUE from a federation or anti-doping organization and were denied, can appeal the decision to the WADA TUEC. If WADA determines that a denial of the TUE did not comply with the International Standard, the Agency can reverse the decision.

Q. What is the difference between an abbreviated TUE and a standard TUE?

A. Abbreviated TUE

- Only for glucocorticosteroids by non-systemic routes (applied locally) and for beta-2 agonists (formoterol, salbutamol, salmeterol and terbutaline) by inhalation
- Using the Abbreviated TUE Form
- Granted automatically upon receipt in writing by the relevant organization of the complete application. Note: A review by the TUEC may be initiated at any time during the duration of the TUE
- Athlete can begin treatment as soon as the form has been received by the relevant organization

Standard TUE

- For any treatment involving a substance or method on the Prohibited List that is not admissible for an abbreviated TUE
- Using the Standard TUE Form
- Will be reviewed by a TUEC
- If approved, athlete can begin treatment only after receiving the authorization notice from the relevant organization (except in rare cases of an acute life threatening condition for which a retroactive approval may be considered)



Q. How can I apply for a therapeutic use exemption?

A. The process for an athlete to apply for a TUE is fairly simple. Each athlete must:

- Contact his or her International Federation or National Anti-Doping Organization (whichever applies) and ask for an application form for requesting a TUE.
- Have his or her physician fill out the form and produce the required supporting documentation and forward it to the International Federation or National Anti-Doping Organization (whichever applies). Athletes should remember that according to the standards, the application for a TUE should be submitted at least 21 days before participating in an event.

Tips on the process to apply for a TUE

- Ensure you choose the correct form (standard or abbreviated – whichever applies).
- Fill in the form by typing if possible, or in block capital letters. If the form is not legible, the form is deemed incomplete and will be returned to the athlete.
- When faxing the form, ensure that you include all the required documentation and keep a copy of the request as well as a record of the transmission or acknowledgement of receipt.

Q. What happens if my therapeutic use exemption is granted?

A. TUEs are granted for a specific medication with a defined dosage. They are also granted for a specific period of time and do expire. The athlete needs to comply with all the treatment conditions outlined in the TUE application. Once a TUE has been given by an International Federation or a National Anti-Doping Organization, it will inform WADA, who will then have the opportunity to review this decision. If the decision does not conform to the International Standard for TUEs, WADA may reverse it and deny the TUE.

Q. What should I do if I am notified for doping control while using a prohibited substance under a granted therapeutic use exemption?

A. When filling out the doping control form, make sure that you declare the substance or medication being used and that you specify that a TUE has been granted. If you have easy access to a copy of the TUE approval form, it is even preferable, but not mandatory that you show it to the doping control official.

Q. What will happen if the prohibited substance is detected during the analysis?

A. When the doping control authority receives the report from the laboratory, an initial review will take place to verify that the TUE is still in effect and that the results of the analysis are consistent with the TUE granted (nature of substance, route of administration, dose, time frame of administration, etc.). If the review proves satisfactory, the result of your test will be recorded as negative.

For athletes applying to an International Federation (IF):

Q. What can I do if WADA reverses the original decision of granting me a TUE?

A. You or your granting authority can appeal to the Court of Arbitration for Sport (CAS) for a final decision.

Q. What can I do if my TUE is denied by my International Federation?

A. If your IF denies your TUE application, you can appeal to WADA at your own expense to have the decision reviewed, by providing all information given during the first submission (complete file) as well as the initial decision returned (using the following fax number: +1 514 904 4456). In doing so, you may have to submit additional medical information, if requested by the WADA TUEC. The appeal procedure does not suspend the first decision, so you are not allowed to use the substance while waiting for the decision of WADA. If WADA upholds the IF's decision not to grant the TUE, you can then appeal to CAS for a final decision. If WADA overturns the IF's original position and grants the TUE, then the IF also has the possibility of appealing to CAS for a final decision.

For athletes applying to a National Anti-Doping Organization:

Q. What can I do if my TUE is denied by my National Anti-Doping Organization?

A. If your National Anti-Doping Organization denies your TUE application you can appeal to an independent review body in your country. If this body grants you the TUE, WADA could appeal this decision to the Court of Arbitration for Sport for a final decision.

Q. Will the information on my TUE application remain confidential?

A. Athletes concerned about confidentiality should note that all the information contained in their applications for a TUE will be kept strictly confidential as medical data. All members of the TUECs are required to sign confidentiality agreements and if they require advice from other scientific experts on a particular case, the name of the athlete will not be used when circulating the application outside the TUEC.

Q. Where can I find out more about therapeutic use exemptions?

A. The procedures for applying and granting of a TUE are set out in the International Standard for Therapeutic Use Exemptions, published by WADA. Check WADA's website at <http://www.wada-ama.org/>. You can also contact your International Federation or National Anti-Doping Organization.